



VOLUNTEERING IN ZANZIBAR

Zanzibar is not far from the beautiful coast of Tanzania, you will find the magical island archipelago of Zanzibar, where time seems to stand still and people still live the traditional way. Zanzibar has been the entrance of eastern Africa for centuries and it was here where most slaves were sold; and Indian, Chinese and Arabic merchants would arrive to trade their wares and buy spices, ivory and slaves. The history of Zanzibar has created a unique mixture of Indian, African and Arabic influences which can be seen in its people, food, culture and building styles.

Welcome to Zanzibar

Zanzibar, a captivating island nestled in the turquoise waters of the Indian Ocean, is a haven of beauty and cultural richness. Its idyllic white-sand beaches, swaying palm trees, and vibrant coral reefs invite travellers to indulge in a tropical paradise. Beyond its natural splendor, Zanzibar holds a storied history, blending Swahili, Arab, and European influences into a captivating tapestry of traditions.

From the enchanting labyrinthine streets of Stone Town, a UNESCO World Heritage site, to the aromatic spice plantations that perfume the air, Zanzibar offers a sensory journey like no other. Whether strolling through the bustling markets, savoring exotic flavors, or immersing oneself in the warm hospitality of its people, Zanzibar promises a magical escape that lingers in the heart long after the journey ends.

Welcome to Zanzibar

Most projects are in Stone Town, only the turtle project is in Nungwi.

Stone Town

Stone Town, a captivating treasure, stands as one of Africa's last vestiges of ancient towns, immersing visitors in a vibrant tapestry of cultures and a rich historical legacy. Prepare to embark on a journey of discovery through a bygone era of trade and exploration.

Stone Town beckons you with its allure, inviting you to embark on a transformational journey of exploration. Indulge your senses, immerse yourself in history, and embrace the vibrant tapestry of cultures that intertwine within its ancient walls. Uncover the secrets of Stone Town, where every corner reveals a tale waiting to be told.

Nungwi

Immerse yourself in a world of captivating beauty, where the azure blue sea meets pristine white sands, and endless opportunities for outdoor adventures await. Zanzibar, the enchanting “Island of Spices,” invites you to embark on a journey that transcends your project work and delves into a rich historical tapestry. This island has etched its name in the annals of time as a pivotal hub of Arab and Asian trade, where precious commodities such as gold, ivory, spices, and wood exchanged hands, alongside the darker chapter of the slave trade that endured until the 19th century.

Stone Town is a labyrinth of alleys and walkways and takes you back centuries. Stone Town and the surrounding villages offer volunteers the unique opportunity to enjoy the white beaches, clear blue water, coconut palm trees and the lively Zanzibar culture and food. The island is a popular backpacker’s destination.

The primary schools educate over 2 000 children, and due to the lack of schools on Zanzibar, the school has 2 sessions a day and offers a morning school and afternoon school. Children from 6 - 18 years old receive their education in open classrooms with barely enough benches or chairs for each child. Circumstances are basic and the extra help from volunteers is much needed.

English and maths are two subjects that the schools have challenges in. The number of pupils is big, English is not always spoken by teachers and facilities are basic. You can make a change here by supporting the school and its principal by offering assistance in teaching English. You can also offer sports and games after school hours, as well as simply explaining your own culture to the children. Help make this most important time of these children’s lives as positive and educational as possible.

Needs

In general there are a variety of needs and volunteers should keep in mind that you come to volunteer to help where it is needed most, not just to take part in your favourite activities. So be flexible and open-minded to any changes, or other activities that might need your support a little bit more than the ones you prefer. There is plenty of fun to be had while you work!

There is an ongoing need for financial support. Any possible gifts and donations provided by volunteers and their networks are extremely appreciated.

Guidance and supervision

- You will be supervised by our local Global Safaris Ltd coordinators in Stone Town; who will pick you up upon arrival, take you around, introduce you to the school and staff and guide you during your stay.
- It is important that volunteers at this project understand the following:
 - Tanzania is a peaceful country, but is old-fashioned by Western standards. Be enthusiastic and independent and willing to accept that things can be challenging at times.
 - Show respect towards the people and culture of the local community. The people of Zanzibar are 95% Muslim so prepare yourself accordingly.
 - At all times, follow rules regarding clothing and appearance. Zanzibar is in the tropics and therefore hot. It is not as strict as the Middle East, so you can dress coolly but modestly, with limbs and shoulders covered if possible. Wear what you like on the

beach though!

- Time is a concept that is different in Africa! Volunteers must accept that things don't move at the rushed pace and in the highly organised way that Westerners are used to. Be patient and learn to appreciate 'African time'.

Pre-school teaching and community education

Highlights!

- Students, teachers and other community leaders grasping your English lessons!
- Play a role in keeping the beach and village environment clean
- Getting a glimpse of life on the island, and making a tangible difference in a community
- Getting a taste of Zanzibar culture; learning a bit of Kiswahili!
- Exploring Zanzibar and the wider archipelago!
- Enjoying delicious seafood and tropical fruits as you relax on white sandy beaches!
- Making a child's day by spending time with them at the nursery schools
- Snorkelling and diving off Zanzibar island

Why Volunteer

The children and adults, benefit from conversational English skills that you can teach them. These open up new avenues and opportunities for employment, and better understanding. Your volunteer trip is opening up new possibilities, for the community you work in, and for you in international experience.

Overview

Based in the village of Jambiani, an hour drive south of Zanzibar town, Jambiani is a peaceful community set amidst a sunny tropical climate. Volunteers spend most of their project time assisting teachers with pre-school students and primary to secondary level students, as well as adult literacy classes. As well as making a lasting impression and fuelling the burning desire the children of Zanzibar have to learn, volunteers will gain a deep insight into the life on the island, and experience its many treasures.

Details

Zanzibar is a semi-autonomous part of Tanzania! Steeped in history, a volunteer experience here comes coupled with a rich historical and tropical flavour! Three meals are provided daily, with the exception of one dinner a week at a local restaurant. Due to the rural location of the project, meals will generally be simple but nutritious, however any special dietary needs must be brought to the attention of the program staff before leaving for the project. In particular vegetarians who also do not eat fish, may find the diet quite restrictive and are advised to bring or purchase other food items to provide adequate protein to your diet.

Please Note: during the month of Ramadan (varies during a Gregorian calendar year) No school work will take place as the school children are on holidays – instead volunteers will focus on community projects, school maintenance and renovation work and possibly adult literacy work.

Your Accommodation in Zanzibar

Shared housing (beach bungalows) with other volunteers. 2-3 volunteers per bungalow with bathrooms. Mosquito nets and fans are provided! The beach is literally on the doorstep of the bungalows, with the ocean able to be seen from the front door, and magnificent sunsets and sunrises

can be seen from the comfort of your own bungalow!

Your accommodation is included in your package from Sunday night until Saturday morning of your last week, so you can rest assured that you'll have a comfortable place to call home throughout your journey.

The accommodation will have a maximum of 2 persons per room in a shared home stay or apartment with breakfast and a proper workspace included at the accommodation.

You can let us know if you prefer a home stay or an apartment.

A private room upgrade is available at an extra cost, contact us for details.

Starting Date

Start dates are generally the first and third Monday of each month, all year round, however there are some seasonal closures such as school holidays, whilst schools may close there are still plenty of community projects to be a part of. Placements are subject to availability; speak to one of our volunteer specialists today to find out when you can make your way out to Zanzibar!

Requirements

Volunteers must be at least 18 at the time of departure for placement

Provide police background check

Be in good health prior to arrival

Volunteer Tasks

- Teaching English to children, teachers and local adults
- Singing and dancing with the children
- Developing the children's creative skills through crafts such as painting, drawing and colouring
- Playing developmental games with the children
- General upkeep of the school to keep it a pleasant environment in which to learn

Although most schools are ill equipped and have meager facilities, the children possess a passionate desire to learn. Volunteers will assist teachers, to provide a better education and more thorough proficiency of the English language. These are the ways in which you will assist in the schools:

- Teaching in the classes (qualified teachers only and pre arranged before trip)
- Organize and coordinate sports afternoons with the students
- Help maintain and even repair the facilities, most of which may be quite run down

Services Included

- Volunteer placement
- Pre-departure information – know more about just where exactly you are going
- Project donations where applicable
- All airport transfers from Zanzibar Airport or ferry port/harbour upon your arrival and departure – within transfer times
- Accommodation – shared beach bungalows

- Orientation program with on-site training
- Any daily transport that might be required as part of the project during your stay
- All meals (exception of 1 night a week on a Wednesday evening at a local restaurant which costs between USD\$7 – USD\$15)
- Weekly laundry service during your stay
- Assistance in your projects by Project staff and volunteer coordinators
- 24/7 contact number

Excluded

- All visas, insurance and flights, however we offer flexible airfares, visa assistance and insurance to suit your travel needs.
- Transport that is not related to the project
- All items of a personal nature – including internet access
- Evening meal at a local restaurant or home for USD\$7 – USD\$15 on a Wednesday evening

Volunteer daily schedule sample

This is an example from Monday to Friday and serves as a guideline only:

06:00 Wake up and join your project manager for a sunrise jog on the beach – it's worth it we promise!
Or, have a swim in the sea, join the local ladies' beach exercise group or the boys football team.

07:15 Breakfast of fruit, eggs and toast at project base

08:30 Cycle to the nursery school in the Jambiani village

9:00 Start teaching a themed class at one of our local nursery schools

12:00 Leave school and cycle back to our project base for some sun & time out

12:30 Lunch break

14:00 Teach Adult English classes in Jambiani or the Jozani Forest.

16:00 Volunteers will be assigned to different groups such as Adult Foreign Language classes, Afternoon Kids club and teaching of English and maths to a ladies' tailoring group.

18:00 Cool down with a swim, have a cold drink, use the Wi-Fi at a nearby hotel, socialise with the locals, relax or unwind on the beach.

18:30 Dinner – a time usually spent with volunteers sharing stories about their day

19:00 Volunteers can relax, play games, enjoy scheduled activities on some nights and get to know fellow staff and volunteers.

In the evenings volunteers discuss their day amongst each other whilst having supper together and prepare teaching material for the project the next day. You will have Saturdays and Sundays off to do any tourist activities or to rest from your week of volunteering.

Want to know more or get on board for this experience? Just simply enter your details in the form or give us a call on the number at the top or bottom of this page!

Your Arrival

Your program begins the moment you arrive, with our airport pick-up on Sunday. To ensure a smooth transition, we'll provide you with all the necessary arrival and contact details when you book your program. The local team will be waiting for you, ready to transfer you to your accommodation.

The Cultural Introduction

At our program, we go above and beyond to ensure that interns not only have an incredible placement with a local company/organization, but also have a seamless transition into the local culture and customs. We understand that feeling at home in a new environment is essential for a successful internship experience.

To kick-start this journey, you will start with a 2-day Introduction and Orientation. This will immerse you in the local culture and customs, where interns will have the opportunity to learn about the vibrant local culture, language, and customs.

We believe that by providing this thorough introduction to the local culture and industry, we set our interns up for success. They will enter their internship placements equipped with a deep appreciation for the local customs, a solid understanding of the industry landscape, and the confidence to thrive in the local work environment.

Medical elective placement in Zanzibar

To actively engage in the hospital's medical program, participants are required to possess relevant medical experience and/or a background in healthcare. This prerequisite enables them to shadow and gain valuable insights into healthcare service delivery. Based on their skill level and experience, participants will be assigned a range of tasks aimed at assisting the hospital and extending support to individuals with limited access to affordable and quality healthcare.

By joining this program, participants have the opportunity to contribute their knowledge and skills to the hospital while also making a meaningful difference in the lives of community members. Additionally, participants can make a valuable impact by donating additional resources and supplies, bridging the financial gap and fostering support for the local community.

Tasks and duties may include but are not limited to observing and monitoring patients, familiarizing oneself with treatment techniques, and providing vital health outreach information. Through these activities, participants can actively contribute to improving healthcare outcomes and fostering a healthier society.

Throughout the weekdays, from Monday to Friday, you will immerse yourself in a fulfilling experience at the local center or hospital, devoting at least five hours each day to assisting with healthcare service provision. This structured routine is designed to maximize your impact and create meaningful connections with the community.

The day will commence with a nourishing breakfast, energizing you for the rewarding tasks ahead. You will then dedicate your time to supporting healthcare services, working alongside dedicated professionals who share your passion for making a positive difference. By actively engaging in patient care, you will witness firsthand the transformative power of compassionate healthcare.

A well-deserved lunch break will provide you with an opportunity to rejuvenate and reflect on the impact you've already made. Following this interval, you will eagerly return to continue your contributions, ensuring the seamless delivery of healthcare services to those in need.

As the day draws to a close, you will partake in a satisfying dinner, fostering camaraderie and connection among fellow participants and healthcare professionals. These shared moments will not only nourish your body but also nourish your spirit, as you reflect on the meaningful work accomplished throughout the day.

Child Care in Zanzibar

In this program, your role will involve supporting educators and nurturing the curious minds of children aged 3 to 6 years old across various kindergartens and primary schools in the captivating Stone Town area. Beyond imparting essential concepts such as basic English, numbers, and colors, you will actively engage in classroom supervision and design stimulating educational activities. From delightful drawing sessions to captivating sing-alongs, your creative contributions will enrich the learning experience of these young learners.

Within the context of Zanzibar, where the English language is widely taught, you have a unique opportunity to help children practice and refine their language skills, fostering their self-expression through storytelling, poetry, songs, and games. By empowering them with English proficiency, you are equipping them with a valuable tool that can significantly enhance their future prospects.

From Monday to Friday, you will dedicate 4 to 5 hours each day to this rewarding program, with breaks interspersed throughout. Mornings will commence with a nourishing breakfast at your accommodation, preparing you for a day filled with immerse learning activities. Engage the children in captivating educational endeavours, collaborating closely with the local teaching staff. Take advantage of the morning break to rejuvenate before diving back into the realm of creativity and learning. You will also lend a helping hand in serving lunch to the children, fostering a sense of community and care. Afterwards, enjoy a satisfying lunch at the accommodation, followed by dedicated time to prepare lessons and activities for the upcoming day. In the afternoon, you will have some free time to unwind before relishing a wholesome dinner at your accommodation.

You will work for 4-5 hours per day, with a break in between, assisting with program placement. You will have time in the afternoon to prepare for the next day's activities and lessons before dinner.

The day could look like this:

- Breakfast at the accommodation
- Engage children in creative learning activities and assist local teaching staff
- Morning break at the program

- Engage children in creative learning activities and assist local teaching staff
- Help local staff serve lunch to the children
- Lunch at the accommodation
- Prepare a lesson plan for the next day
- Free time
- Dinner at the accommodations

** This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.*

Teaching English in Zanzibar

In this awe-inspiring corner of the world, Zanzibar offers more than just tantalizing spices and beautiful beaches. It is a melting pot of cultures and traditions, where young people eagerly await the knowledge and insights you bring. As you embark on this incredible opportunity to assist local teachers and students, you become an integral part of their educational journey.

Through our strong partnerships with primary and secondary schools across Zanzibar, many of which are situated outside the bustling city areas, you will step into classrooms where your expertise is desperately needed. Subjects such as English, Math, and Science await your guidance and support. Embrace the power of music, using songs as a teaching tool, and engage the students in educational games. Take the lead in enriching activities like arts and crafts, sports, drawing, coloring, writing, and more.

Our teaching assistant program primarily caters to children aged 5 to 14 years (grades K-7). School hours typically span from 8:00 in the morning until 15:00 in the afternoon. As a participant, you will dedicate at least 4 hours per day to engage with the students, with breaks interspersed between class sessions. Occasionally, after-school activities may also be available. Take time to plan engaging lessons for the following day, ensuring a well-rounded learning experience for the students.

Feel free to bring teaching materials such as games, coloured pencils, erasers, English language books, and even clothes and toys to donate. These contributions will be warmly welcomed and appreciated. Additionally, consider bringing pictures or small objects that represent your country of origin, offering an educational lesson that broadens the children's understanding of the world.

From Monday to Friday, your days will be structured to maximize your impact. Begin with a nourishing breakfast that energizes you for the day ahead. Embrace your role as an assistant to teachers and students, working hand in hand to create a dynamic learning environment. Take a well-deserved break for lunch, where you can recharge and connect with colleagues. Return to the classroom, offering your support until the end of the school day. Dedicate time to plan engaging lessons, ensuring the next day is filled with exciting educational experiences. Finally, savor a satisfying dinner, reflecting on the meaningful work accomplished.

Monday to Friday

Breakfast

Assisting Teachers and Students at the school

Lunch break

Assist Teachers and Students at the school

Lesson Planning for next day

Dinner

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Construction and Renovation Project in Zanzibar

Our initiative is dedicated to supporting schools in and around the enchanting Stone Town in Zanzibar. By restoring and renovating their infrastructure, we aim to create an environment conducive to effective education. Moreover, we extend our assistance by providing essential learning facilities wherever they are needed. This comprehensive project encompasses various tasks, including renovating libraries, revamping playgrounds, repairing school furniture, and addressing any other areas requiring a helping hand.

By actively participating in this impactful social project, you have the power to make a tangible difference within the local community, offering invaluable support to the deserving students attending these schools. Your involvement will contribute to the establishment of a positive and nurturing learning environment, promoting academic excellence and personal growth.

Engaging in this project requires physical and manual labor, as we lay bricks, engage in carpentry, apply fresh coats of paint, lay tiles, and enhance the landscape through gardening and landscaping. Additionally, we may embark on renovating buildings, restoring and painting structures, repairing furniture, and fixing equipment. This holistic approach ensures that no aspect of school improvement is overlooked, providing an all-encompassing transformation.

However, our project extends beyond the realm of construction. It offers an artistic and relaxing dimension, where your creative ideas can flourish, adding beauty and charm to the school surroundings. Working alongside a knowledgeable local coordinator and a skilled foreman who provide guidance, you will experience the joy and satisfaction of supporting an initiative that celebrates creativity and community engagement.

From Monday to Friday, you will dedicate 4-5 hours each day to assist with the program placement, with breaks in between for rejuvenation. A typical day might unfold as follows: Begin with a nourishing breakfast at your accommodation, energizing yourself for the construction and renovation activities ahead. Engage in various tasks, applying your skills and dedication to enhance the school environment. Enjoy a refreshing break during the morning program, replenishing your energy for continued productivity. Resume your construction and renovation endeavors until lunchtime, where you can retreat to your accommodation for a well-deserved meal. Return to the site, working diligently until the day's end. Finally, savor your free time, indulging in personal relaxation or exploration, before coming together for a satisfying dinner at your accommodation.

Monday to Friday

You will be assisting at the program placement for 4-5 hours each day with a break in between. The day could look like this:

Breakfast at the accommodation
Construction and renovation activities
Morning break at the program
Construction and renovation activities
Lunch at the accommodation
Construction and renovation activities
Return to the accommodation
Free time
Dinner at the accommodations

** This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.*

Turtle Conservation in Zanzibar

Embark on a meaningful conservation journey with our Turtle Experience & Conservation Program, located in the picturesque lagoon of Nungwi, Zanzibar. This program offers a unique opportunity to actively contribute to the protection and preservation of endangered sea turtles while experiencing the beauty of this tropical paradise.

As a participant, you will work alongside local coordinators and fellow participants in various conservation efforts. Tasks include caring for injured turtles, monitoring hatchlings, and maintaining the sanctuary's habitat. Every contribution plays a crucial role in safeguarding these incredible creatures and their delicate ecosystem.

The program combines conservation activities with immersive experiences, allowing you to explore the natural beauty of Zanzibar. You will have opportunities for beach cleanups, snorkeling around vibrant coral reefs, and engaging with visitors and local communities during educational tours.

Whether you are an experienced conservationist or new to the field, our program welcomes individuals of all backgrounds and skill levels. Comprehensive orientation and guidance are provided to ensure that you can make a meaningful impact.

Join us on this unforgettable adventure, where your passion for conservation and love for the natural world converge. Experience the magic of Zanzibar, connect with sea turtles, and contribute to a legacy of conservation for future generations. Together, let us create a world where turtles thrive, and nature's beauty is cherished.

This program offers participants a unique opportunity to actively contribute to sea turtle conservation. By engaging in various tasks and activities, participants play a crucial role in protecting and preserving these magnificent creatures.

Changing water of the Basins and Sea Turtle Hospital
Checking the Quality of the water
General cleaning
Seaweed collection in the Indian Ocean
Filling of Tube Feeders
Cleaning of adult turtles
Feeding of adult turtles in the protected lagoon area while drifting around in its waters
Assist in treatment of injured sea turtles in the Hospital
Lagoon Cleaning (remove leaves and plastic)
Hatching measurements
Juvenile measurements
Beach cleaning
Inspection of nests
Maintenance of juvenile nests
Releasing of turtles to the ocean after full recovery and study & releasing of the young turtles to the ocean (this happens once a year):
Assisting in daily education tours for visitors at the controlled sanctuary

Please note that the daily tasks may vary to accommodate specific animal care needs, educational workshops, or other unforeseen circumstances.

Our program is designed to offer a comprehensive and immersive experience, allowing you to actively participate in conservation efforts while gaining a deeper understanding of the critical role we play in safeguarding our wildlife.

Schedule

Week 1:

Sunday: Arrival & Transfer to Nungwi

Upon your arrival at Zanzibar Airport, our friendly team will be waiting to warmly welcome you. You'll be transferred to our accommodation center in Stone town where you'll meet your fellow participants. Get ready to embark on an exciting adventure as you receive a comprehensive briefing that sets the stage for the incredible experiences to come.

Monday: Orientation

Begin your day with a delightful breakfast, followed by an orientation session that sets the tone for your journey. Our team will introduce you to the program, offer vital information, and acquaint you with the Nungwi center.

You'll receive guidance on the dos and don'ts, our code of conduct, and media consent guidelines, along with completing necessary documentation. Embrace the local culture with a basic history lesson & Swahili language lesson. After lunch, embark on a walking tour to familiarize yourself with nearby shops, ATMs, and other key locations.

After the orientation, you will transfer to Nugwi and check in to your accommodation. You will be staying at this accommodation for the duration of your program.

Tuesday to Friday: Conservation Efforts

From Tuesday to Friday, dive headfirst into meaningful conservation efforts. Work closely with our experienced local coordinators as you actively participate in a variety of tasks. Engage in the vital cleaning and maintenance of the turtle basins and hospital, ensuring a pristine environment for the turtles. Collect seaweed from the Indian Ocean, contributing to the ecological balance. Check water quality to guarantee the well-being of these magnificent creatures. Immerse yourself in the enchanting world of sea turtles as you assist with hatching measurements, juvenile measurements, and nest inspections. Every action you take contributes to the preservation and protection of these majestic beings.

Saturday & Sunday: Free Time

Take a well-deserved break and explore the wonders of Zanzibar at your own pace. Wander along the sandy beaches, soak up the sun, or embark on a thrilling adventure to discover the natural beauty and cultural treasures of this remarkable island.

Week 2

Monday to Friday: Conservation Efforts

In the second week, build upon the progress made in Week 1 and continue your conservation efforts. Dive deeper into the treatment of injured sea turtles, playing a crucial role in their recovery. Maintain the nests of the young turtles, ensuring a safe and nurturing environment for their growth. Join hands in beach cleanups, contributing to the preservation of the pristine shoreline. As you participate in these activities, you'll witness firsthand the impact of your dedication and the positive changes taking place.

Specific timings for each activity will be provided upon arrival, allowing for flexibility and adjustments to ensure a seamless and enriching program experience.

Please note that the schedule may vary to accommodate specific animal care needs, educational workshops, or other unforeseen circumstances. Our program is designed to offer a comprehensive and immersive experience, allowing you to actively participate in conservation efforts while gaining a deeper understanding of the critical role we play in safeguarding our wildlife.

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Sports Coaching in Zanzibar

Share your love for sports and enjoy every minute of your time while spending it with the kids, the community, and other participants. You are about to uncover the potential of these young kids through assisting in sports training sessions, teaching various sports techniques, organizing matching events with other clubs or sports associations.

Sports are an integral part of human life and there is a great importance of sports in all spheres of life. Clearly, sports can help anyone reach fitness goals and maintain a healthy weight. It also prevents people, especially the youth, from engaging in different vices such as smoking and drinking alcohol. Instead, it helps them build their character and personality as a person, and in the long run, will make them advocates in the field of sports. In fact, research shows that children who play sports probably perform better at exams than those who don't because engaging in sports activities improves the thinking abilities of individuals.

On the other hand, Tanzania is a home and has produced world-class athletes, especially in the field of Athletics, which serves as the most dominant sport in the country. In addition, basketball, baseball, cricket, and rugby are also sports loved by the people of Tanzania. In fact, this country advocated and invested much in sports. This is because this is a country with people with a great passion for all sports in the world.

Thus, this sports coach program is designed for passionate individuals like you who would like to join a worthwhile project to teach the children at school the value and power of sports. You will have students of various age groups and various levels of skills, who will be ready to learn, play, and be part of your sports coaching journey. Moreover, your skills as their coach will help these children of Stonetown in having a great sports learning experience and hone their skills and passion for sport as well. Additionally, the coaching session will take place at the town Local schools.

In this program, you will have daily coaching sessions where you will be able to use your own methods of sports training. With your coaching, you will not only enhance their skills in sports but also you will inspire them to achieve more in life, to be disciplined, and even how to face failures and learn from them. It will also be a life lesson for the kids who do not have much but in the future who would strive to achieve greatness for sure.

This program includes Coaching options on the most famous and popular sports in Tanzania that include Football, Basketball, Rugby, Athletics, and Cricket.

So get ready, bring your passion, full energy with you and gear up and make these children's dream come true. You can also feel free to bring any sort of equipment of training aids, that will assist with your coaching experience, as equipment may be limited in some placement areas.

Generally, as a sports coach your major roles and core functions will be, but are not limited to: teaching relevant skills, tactics and techniques, introduced a basic rules and regulation of the each sports, organized game plans and matching events, monitoring and enhancing performances through encouragement, motivation and constructive feedback, identifying the children sports development needs, strengths and weaknesses, advising health and lifestyles issues and to be part of their journey towards future success.

Specifically, in each sport you may consider imparting some basic skills and techniques that will surely help honing the skills and potentials of the young athletes of Stonetown. Just keep in mind that they are just starting and you may need to start at the very basic and beginning.

Football – While there are no official national sports in Tanzania, the unofficial national sports is the most popular one; football/soccer. As has been mentioned a couple of times, soccer is quite popular among Tanzanian youth and children and most of the people are quite dedicated to the sports. In this, you need to put extra effort as this sport requires so much energy. U12, U14 and U17 where the vast majority of coaching options exist at local schools, academies and after school clubs. Thus, you may use or teach additional coaching options to the children.

Basketball – It is also played in the country but mainly in the army and school. Pass your knowledge of dribbling, offense, defense, jump shots and team work to local players eager to learn the fundamentals of the game. Your coaching will help young athletes/children in the local community / school to improve their game and train them to be stronger in every aspect. You may even get to share your knowledge during practice sessions, and scheduled games, alongside local coaches for organized competitive events.

Cricket – This sport is a rapidly growing sport in the country after hosting the ICC Cricket League Division 4 in 2008 where the national team finished the tournament with a win. Meanwhile, this sport requires batting skills, thus, the player must possess good hand eye – coordination, reflexes, strength, running speed, sound judgment and of course knowledge of cricket rules and an understanding of cricket strategy and tactics. Therefore, you may focus on that and impart your skills to the best of abilities that you have.

Rugby – This sport served as a minor sport in Tanzania. Being said, you will need to teach the fundamentals of the sport, emphasize rules and strategies, etc., because very few may be familiar with the sport at all.

Baseball – Tanzania baseball has been played frequently by a number of secondary Schools in the country and the participating number of students keeps on increasing. This sport requires five key skills such as running, fielding, throwing, hitting, catching and hitting for power. Thus, this is where your assignment started.

Athletics – Tanzania is known for their runners. This country is also a powerhouse in the Commonwealth Games and the African Championships in Athletics. Thus, Help the children to increase their speed, stamina, strength and skill. Many of them have dreams of representing their country on the world stage at the Olympics or other World Championships where two of their fellow countrymen bring honor to their country.

On the other hand, this is a great reminder for you that you are exploring this beautiful Town of Stonetown away from the comfort of your own home, thus, making a difference in the lives of the children is greatly appreciated.

Volunteer Schedule

Monday & Tuesday

Breakfast

Leave Accommodation Center to Transfer to the Placement Areas.

Coaching Sessions.

Headed Back to the Accommodation Center.
Lunch
Free Time – Half day Break
Coaching Sessions.
Headed back to the Accommodation Center.
Dinner

Wednesday

Breakfast
Leave Accommodation Center to Transfer to the Placement Areas.
Coaching Sessions.
Lunch
Free Time – Half day Break
Coaching Sessions
Headed back to the Accommodation Center
Dinner

Thursday

Breakfast
Leave Accommodation Center to Transfer to the Placement Areas.
Coaching Sessions;
Headed Back to the Accommodation Center.
Lunch
Free Time – Half day Break
Coaching Sessions
Headed back to the Accommodation Center
Dinner

Friday

Breakfast
Leave Accommodation Center to Transfer to the Placement Areas.
Coaching Sessions.
Lunch
Free Time – Half day Break
Coaching Sessions
Headed back to the Accommodation Center
Dinner

** This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.*

Intern ships in Zanzibar

Most of the projects mentioned here accept intern ships. Send an e-mail to info@amanihostel.net explaining your wishes and the requirements of your school counsellor and we will find a suitable place for you.

Zanzibar Program **Prices for all projects**

1 Week: 595 Euro / 635 US\$

2 Weeks: 750 Euro / 795 US\$

3 Weeks: 965 Euro / 1025 US\$

4 Weeks: 1185 Euro / 1255 US\$

+1 Week: 270 Euro / 295 US\$

What's included:

Volunteer program

Accommodation

3-Meals in a day

24/7 in-country support

In-country program orientation

Pre-departure support

Airport pick-up

Not included:

visa, flight, travel insurance, vaccinations, criminal background check, return trip to the airport, 5% international banking fee

Requirements to join:

- Participants need to be minimum 18 years old
- Participants under 16 need to join with a parent/guardian
- Participants aged 16 to 18 need to have parental consent
- Participants are required to provide a criminal background check (if unable to obtain a criminal background check, you can provide two character reference letters instead)
- Participants are required to have their own travel insurance
- You need to have completed the following vaccines: typhoid, tetanus, Rabies, Malaria, Hepatitis A, and Diphtheria
- You need to be able to speak and understand at least basic English

For enrolment or Application process please send us your CV, Motivation letter and your school or college educational documents to support your application and please attach it with your Travel Passport

CONTACT US

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